



LOWER KUSKOKWIM SCHOOL DISTRICT

Breakfast

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

4

5

6

7

8

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese or Peanut
Butter) w/Graham
Cracker
Fresh Apple
Choice of Milk

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Orange
Choice of Milk

Pancakes or Pop Tarts
w/Graham Cracker
Sausage Patty
Fresh Fruit
Choice of Milk

Breakfast Burrito or
Cold Cereal w/Graham
Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

11

12

13

14

15

Pop Tart w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Fruit Cups
Choice of Milk

Cold Cereal w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese or Peanut
Butter) w/Graham
Cracker
Diced Pears
Choice of Milk

Breakfast Pizza or
Whole Grain Muffin
w/Graham Cracker
Fresh Fruit
Choice of Milk

Sausage, Egg, &
Cheese Muffin or
Cold Cereal w/Graham
Cracker
Pears
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

18

19

20

21

22

Cold Cereal w/Graham
Cracker or Breakfast
Cereal Bar w/Graham
Cracker
Fruit Cup
Choice of Milk

Blueberry Bagel
(w/Cream Cheese or
Peanut Butter)
w/Graham Cracker or
Whole Grain Muffin
w/Graham Cracker
Orange
Choice of Milk

Breakfast Tornado or
Pop Tarts w/Graham
Cracker
Diced Peaches
Choice of Milk

French Toast Sticks
w/Syrup or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

25

26

27

28

29

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin
w/Graham Cracker
Orange
Choice of Milk

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream Cheese
or Peanut Butter)
w/Graham Cracker
Fresh Apple
Choice of Milk

French Toast Sticks
w/Syrup or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Egg & Cheese Omelet
or Whole Grain Muffin
w/Graham Cracker
Pears or Peaches
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk



LOWER KUSKOKWIM SCHOOL DISTRICT

Lunch

March

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pizza Friday!
Pepperoni, Cheese or
Specialty Pizza
Broccoli
Pineapple Tidbits
Choice of Milk

4

Popcorn Chicken
Brown Rice
Mixed Veggies
Applesauce
Choice of Milk

5

Beef or Chicken Nachos
w/Sour Cream & Salsa
Refried Beans
Mixed Fruit
Choice of Milk

6

Chicken Drumsticks
Whole Grain Dinner
Rolls
Mashed Potatoes
Mixed Fruit
Choice of Milk

7

Pasta w/Meat Sauce &
Shredded Cheese
Carrots
Diced Peaches
Choice of Milk

8

Pizza Friday!
Pepperoni, Cheese or
Specialty Pizza
Broccoli
Pineapple Tidbits
Choice of Milk

11

Chili Dog on a Bun
w/Cheese
Carrots
Diced Peaches
Choice of Milk

12

Meat Lasagna
Whole Grain Dinner
Roll
Green Beans
Diced Pears
Choice of Milk

13

Orange Chicken
Steamed Brown Rice
Mixed Veggies
Peaches
Choice of Milk

14

Macaroni & Cheese
w/Diced Ham
Tater Tots
Applesauce
Choice of Milk

15

Pizza Friday!
Pepperoni, Cheese or
Specialty Pizza
Broccoli
Pineapple Tidbits
Choice of Milk

18

Ham & Cheese
Sandwich
Tomato Soup
Applesauce
Choice of Milk

19

Soft Shell Taco
Refried Beans
Mixed Fruit
Choice of Milk

20

Pasta w/Meat Sauce &
Cheese
Green Beans
Diced Pears
Choice of Milk

21

Crispy Chicken
Sandwich
Mashed Potatoes or
Tater Tots
Applesauce
Choice of Milk

22

Pizza Friday!
Pepperoni, Cheese or
Specialty Pizza
Broccoli
Pineapple Tidbits
Choice of Milk

25

Sloppy Joes
Tater Tots
Corn
Diced Peaches
Choice of Milk

26

Chicken Nuggets
Carrots
Mixed Fruit
Choice of Milk

27

Corn Dog
Baked Beans
Diced Pears
Choice of Milk

28

Chicken & Rice Stir-Fry
Stir-Fry Veggies
Applesauce
Choice of Milk

29

Pizza Friday!
Pepperoni, Cheese or
Specialty Pizza
Broccoli
Pineapple Tidbits
Choice of Milk